

Feeding Your Baby

Are you getting ready for your baby to start solid foods? Then this class is for you! A dietitian will answer your questions about what to feed first, textures, and other topics related to feeding your baby. Babies are welcome.



This is a FREE class!

Register:

Online: <http://www.birthandbabies.com/preparing-for-new-baby-and-beyond>

Phone: 403-955-1450



Choose from the following 2018 classes:

North Calgary

September 20, Thursday 10am – noon
North of McKnight Hand in Hand Parent Link
101-3901 54th Ave NE

East Calgary (Central)

September 5, Wednesday 1 – 3pm
East Calgary Health Centre, room 2285
4715 8 Ave SE

October 2, Tuesday, 1 – 3pm
East Calgary Health Centre, room 2285
4715 8 Ave SE

November 14, Wednesday, 1 – 3pm
East Calgary Health Centre, room 2285
4715 8 Ave SE

December 11, Tuesday, 1 – 3pm
East Calgary Health Centre, room 2285
4715 8 Ave SE

South Calgary

September 11, Tuesday, 10am – noon
South Calgary Health Centre, room 2012
31 Sunpark Plaza SE

September 24, Monday, 1 – 3pm
South Health Campus, Wellness Centre, room 180006
4448 Front Street SE

October 18, Thursday, 10 am – noon
Heart of the South Family Centre
Suite 3217, 150 Millrise Blvd SW

October 26, Friday, 10 am – noon
South Health Campus, Wellness Centre, room 180006
4448 Front Street SE

November 6, Tuesday, 10am – noon
South Calgary Health Centre, room 2012
31 Sunpark Plaza SE

November 22, Thursday, 10am – noon
South Health Campus, Wellness Centre, room 180006
4448 Front Street SE

December 6, Thursday, 1 – 3pm
South Calgary Health Centre, room 2012
31 Sunpark Plaza SE

December 12, Wednesday, 1 – 3pm
South Health Campus, Wellness Centre, room 180006
4448 Front Street SE

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